



BEAR RIVER YOUTH TRACK CLUB

Boys & Girls Ages 7-15 **Includes Shirt**

Learn the fundamentals of Track and Field. Participants will learn running form, technique, and event strategy in a fun and engaging environment. Participants will have the opportunity to compete in at least four track meets. Qualifying participants will have the opportunity to compete in a district and/or state meet in June.

**COME RUN WITH
YOUR FRIENDS**

**PRACTICES 6-7
PM Mondays and
Tuesdays**

APRIL 27-JUNE 13

**PARENT MEETING
APRIL 20**

**SPRINT,
DISTANCE,
JUMPING,
THROWING**

GET REGISTERED TODAY!

